



BOROONDARA
EAGLES F.C.

Girls' Soccer Clinic Fact Sheet

Goal Setting and Dreams

Setting goals gives your life direction, boosts your motivation and self-confidence.

Tips for Goal Setting

- **Create a list of activities you enjoy**
- **Look at the Pathways available in your chosen activity**

Activity: Football

Pathway: Play for Boroondara Eagles

Play for Victoria

Play in the W-League

Play for The Matildas

Activity: School

Pathway: Attend High School

Attend University

Dreams

Make a Bucket list. A Bucket list is a number of experiences that a person hopes to accomplish during their lifetime.

Example:

- **Attend University**
- **Travel Overseas**
- **Go Sky Diving**
- **Live in another State**
- **Study in another country**
- **Work as a physiotherapist**

Proudly sponsored by:

