

# U5 – U8 Girls & Boys (Skills Acquisition Program - SAP)

## U5 – U8 Miniros (Skills Acquisition Program - SAP)

- Small sided soccer with an emphasis on fun and fitness whilst learning the rules of the game.
- Miniros is a training program where the emphasis is on learning grassroots soccer skills in a fun and supportive learning environment and then introducing competition soccer through round robin gala events.
- Games are played with 4 or 5 a side with no goalkeepers.
- Train once per week (Saturday morning). No preseason training.
- All players provided with a BEFC Goodie Bag. Parents need to provide soccer boots, shin guards & mouthguard (if using one).
- All U7 and U8 Players have an additional one night technical training per week with Qualified Specialist Coaches.

## U8 Boys Miniros (SAP or Competition)

- Players can either participate in SAP Only or may choose to play **optional competition matches** against other clubs in an organised league. Parents decide this at time of registration.
- SAP Players will train once per week on a Saturday morning and will follow the same program as our U5 – U7 Miniros players.
- Competition Players will have team training once per week plus a home and away competition game on either a Saturday or Sunday morning dependent on numbers. Competition games at Miniros level have no scores or ladders.
- All U8 Players have an additional one night technical training per week with Qualified Specialist Coaches.

## Parental Involvement

All U5 – U8 Miniros teams have a Volunteer Parent Coach who will be offered a full refund of registration fees. If no volunteers, we will seek a non-parental coach to step in, however a coaching levy may apply to fund the coaching costs.

U8 Competition Teams will need a parent volunteer Team Manager. Please contact the Program Manager if you are interested in this role.

As a Community Club we heavily rely on Volunteers at the Club. There are many ways in which you can contribute so please let us know if you have any special skills or interests that can help enrich our club.

## Important Dates

### Registrations open:

18th January 2019

### Training Commences:

Saturday 6<sup>th</sup> April

### U5-U8 Girls

9 – 10am

### U5 & U6 Boys

9 – 10am

### U7 & U8 Boys

10.15 – 11.30am

Full details see [Season at a Glance](#) on our website.

## How to Register

<https://www.playfootball.com.au>  
or visit our website page [How to Register](#) for full details.

## Inclusions

- 18 week soccer program
- FV/FFA Fees
- 3 or 4 Gala Days (SAP Only)
- Parent Coach
- BEFC Goodie Bag
- Participation Medal

## Cost

\$285 (U5 – U7 Boys SAP)

\$285 (U5 – U8 Girls SAP)

\$445 (U8 SAP)

\$495 (U8 Competition)

## Important Contacts

**Program Manager:** Aubrey Roga

**Registrations:** e: [registrar@befc.com.au](mailto:registrar@befc.com.au)

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**Club Administrator:** e: [admin@befc.com.au](mailto:admin@befc.com.au)

**m:** 0423 785 800