



PRESEASON TRAINING PROGRAM

Some facts to help you prepare for the BEFC Preseason Training Program
14 February - 24 March

BEFORE YOU ATTEND



Know your DAY & TIME to attend.
Arrive 5-10mins before session time



Check the GRID MAP to find allocated pitch area



Macleay Park gets BUSY - allow time and take care moving around



SHIN GUARDS are essential



NO studded boots allowed.
SNEAKERS only



Stay home if you are feeling unwell
or if in Quarantine/Isolation as per DHHS

AT TRAINING



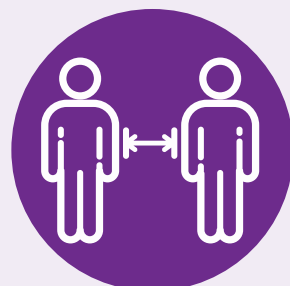
CHECK IN to venue using Govt 'Service Victoria' QR code app



ENTER/EXIT only via designated, signposted area please



Wash or SANITISE hands before & after session



Maintain SOCIAL DISTANCE where possible



Make sure to sign in with your COACH



Stay in your allocated GROUP



SPECTATORS allowed subject to venue capacity with QR sign in and social distancing



GRADING starts 14 February



GRADING ends 18 March

AFTER THE PRESEASON TRAINING PROGRAM



TEAM notification from 21 March



ASAP Hands up for VOLUNTEERS



PLAYING KIT (shirt, shorts & socks) is provided by Club prior to competition rounds



You MUST be registered on TEAMAPP to receive team and club notifications



23-24 April Round 1 of 2022 Season



Know our T&Cs, CODES of CONDUCT and FVs Return to Play Conditions

More information can be found at BEFC.COM.AU

