

# Specialist Training Program (STP)

## U8 - U15 Specialist Training Program for Girls and Boys

- The objective of our Specialist Training Program (STP) is to provide both girls and boys with an evening of professional football training that is fun, inclusive and held in a supportive environment.
- The opportunity to learn new skills and sharpen existing ones
- 12-week program conducted in two separate blocks either side of the June school holidays
- Free for U8 - U11 BEFC members
- Non-members also welcome to join

## Program Outline

BEFC is continuously looking for new ways to help improve all our players across all levels by offering more hours of coaching support wherever possible. Our coaches are not only highly technically skilled, but they are also fantastic role models for our junior players.

The Specialist Training Program will have senior coaches working on areas including skills, first touch, passing, dribbling and shooting. The sessions will not necessarily be team or game focused but more so on the individual. There is however the opportunity to play in a group as there will generally be a practice match to finish off the session and to cement the skills and techniques that were taught and discussed during the session.

The program becomes a second night training program for our U12-U15 members at a cost of \$200 for the 12 sessions. Non-members are also welcome to take advantage of the program for the same cost of \$200 for the 12 sessions at their relevant age group. For our U8-U11 competition team players the program is included as a part of their registration.

We look forward to delivering this fantastic program which will give all participants a real boost in confidence for their football development.

## Important Dates

### Registrations open:

December 1<sup>st</sup> 2022

### Program Dates:

#### Block 1: (7 weeks)

Monday May 8<sup>th</sup>

to Monday June 19<sup>th</sup>

or

Wednesday May 10<sup>th</sup>

to Wednesday June 21

#### Block 2: (5 weeks)

Monday July 10<sup>th</sup>

to Monday August 7<sup>th</sup>

or

Wednesday July 12<sup>th</sup>

to Wednesday August 9<sup>th</sup>

**Mondays:** U8-U9 & U12-U15

**Wednesdays:** U10-U11

## How to Register

Bookings open from April

## Cost

\$0 - U8-U11 members

\$200 – U12 to U15 members &  
all non-members

## Important Contacts

**Director of Football:** e: [mannykoutroulis@outlook.com](mailto:mannykoutroulis@outlook.com)

**m:** 0434 006 863

**Operations Manager:** e: [operations@befc.com.au](mailto:operations@befc.com.au)

**m:** 0406 193 642

**Club Administrator:** e: [admin@befc.com.au](mailto:admin@befc.com.au)

**m:** 0423 785 800