



PRESEASON TRAINING PROGRAM

Some facts to help you prepare for the BEFC Preseason Training Program

5 February - 31 March

BEFORE YOU ATTEND



Know your DAY & TIME to attend.
Arrive 5-10mins before session time



Check the GRID MAP to find allocated pitch area



Macleay Park gets BUSY - allow time and take care moving around



SHIN GUARDS are essential



NO studded boots allowed.
SNEAKERS only



MUST be registered & PAID to attend training

AT TRAINING



PLAYER assessments occur during preseason training



RESPECT your Coach, your Team Mates, Referee & Yourself - ALWAYS



Stay in your allocated GROUP



FEEDBACK via Technical Directors



Make sure to sign in with your COACH



ASSESSMENTS end by 31 March or when teams fill

AFTER THE PRESEASON TRAINING PROGRAM



TEAM notification from mid March



ASAP Hands up for VOLUNTEERS & TEAM MANAGERS



PLAYING KIT (shirt, shorts & socks) is provided by Club prior to competition rounds



You MUST be registered on TEAMAPP to receive team and club notifications



20-21 April Round 1 of 2024 Season



Know our T&Cs, CODES of CONDUCT and FVs Return to Play Conditions

More information can be found at BEFC.COM.AU

